



DISC TEST Instructions

The DISC test is comprised of 4 word groups. When taking the test you should circle the corresponding letter of the word that is the MOST LIKE YOU (the “M” at the top of the column stands for “most”). Then of the remaining 3 words in the group, circle the letter that corresponds to the word that is the LEAST like you. (The “L” at the top of the column stands for “least”).

CIRCLE ONE most and ONE least for each 4-word group. Be sure and circle the letter to the right of the word in the appropriate column, NOT THE WORD!!!

	M	L
EXPRESSIVE	I	I
COMPLIANT	C	C
FORCEFUL	D	D
RESTRAINED	S	S